

# Maintaining Wellbeing and Effectiveness for Teachers through COVID-19

---



**DULWICH COLLEGE | SHANGHAI PUXI |**

上海德威外籍人员子女学校（浦西）



[David.ingram@dulwich-shanghaiminhang.cn](mailto:David.ingram@dulwich-shanghaiminhang.cn)

Please connect with me on Linked In



College Values: Our Guiding Principles

**AIM HIGH**  
**WORK HARD**  
**BE KIND**  
**AND RESPECTFUL**  
**MAKE A DIFFERENCE**



# Outline

Introduction

Our experience of COVID-19: the facts

Our experience of COVID-19: reflections

Learning points

Questions





DULWICH COLLEGE | SHANGHAI PUXI |

上海德威外籍人员子女学校（浦西）





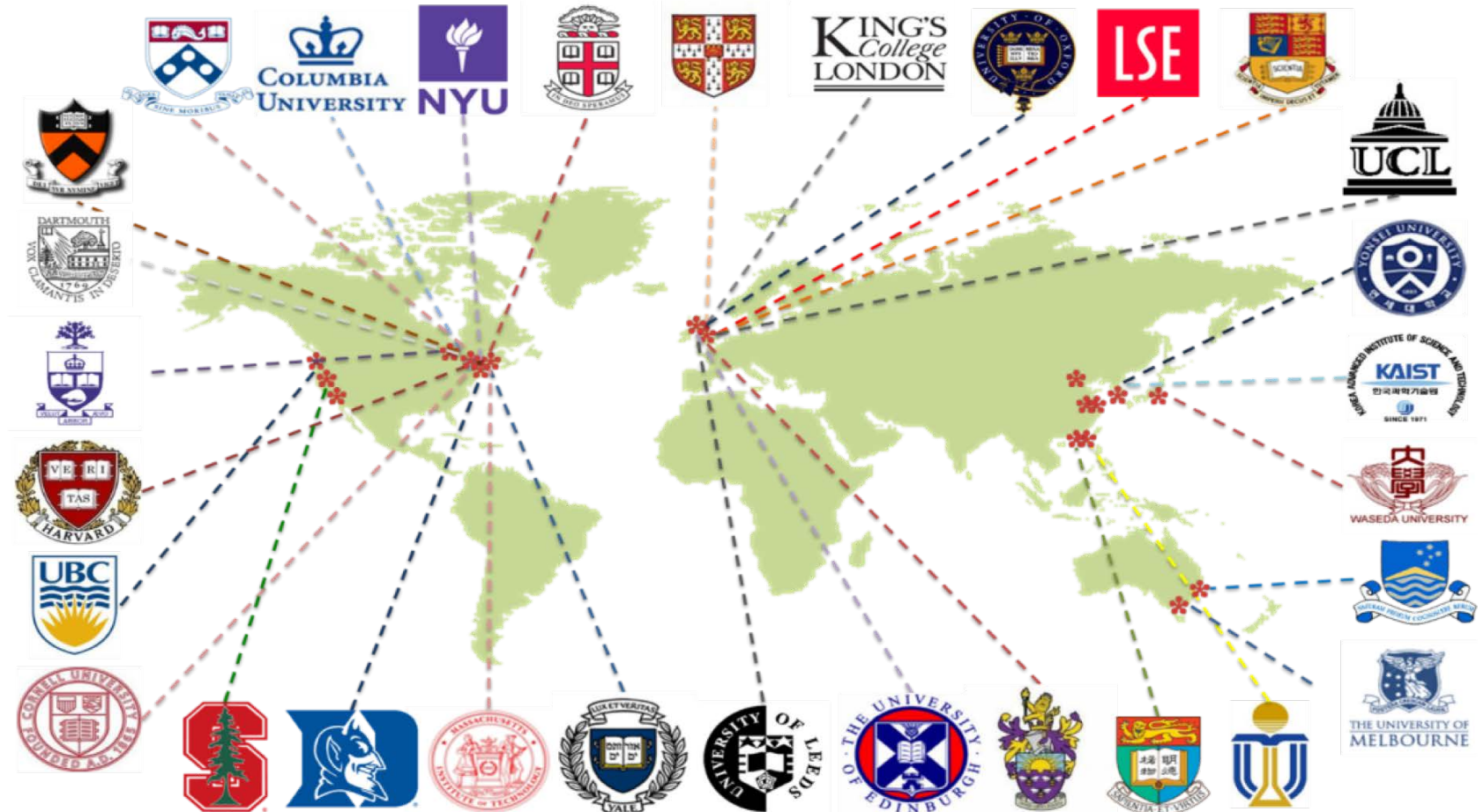


# The Dulwich College Family of Schools





# Our Students Graduate Worldwide





DULWICH COLLEGE | SHANGHAI PUXI |

上海德威外籍人员子女学校（浦西）



VISION:  
LIVE **WORLDWISE.**

Our students have the skills and motivation to make a positive difference in the world

MISSION: GRADUATE **WORLDWISE.**

Because we TEACH **WORLDWISE**, students LEARN **WORLDWISE.**

STUDENTS  
COME FIRST

ONE FAMILY  
OF SCHOOLS

PIONEERING  
SPIRIT

Detur Pons Mundo: Building bridges to the world



# Immediate Actions

1. Start with what we know
2. Clear expectations for teachers
3. Clear expectations for students and parents
4. Business as usual in terms of team meetings, processes and procedures
5. Safeguarding
6. Communication and collaboration with colleagues



## Key Messages

1. These children won't get this year back
2. Reach out if you need support
3. We are on a learning curve
4. We need to support each other

DULWICH COLLEGE | SHANGHAI PUXI |

上海德威外籍人员子女学校（浦西）



VISION:

LIVE **WORLDWISE.**

Our students have the skills and motivation to make a positive difference in the world

MISSION: GRADUATE **WORLDWISE.**

Because we TEACH **WORLDWISE**, students LEARN **WORLD**

STUDENTS  
COME FIRST

ONE FAMILY  
OF SCHOOLS

PIONEERING  
SPIRIT

Retur Pons Mundo: Building bridges to the world





# Follow Up Actions

1. Weekly communication plan
2. Listen, learn and respond
3. Fun



# Reflections: Challenges

1. Anxiety
2. Uncertainty
3. Negativity
4. Intensity
5. Fatigue



# Reflections

1. Expectations & empowerment
2. Practical support
3. What is our school?



## Learning Points

1. Live your school values
2. Build on what you already have in place in your school **TRUST**
3. Communicate, communicate, communicate
4. Adapt and act